

## Dual Diagnosis: Training in Psycho-education Programmes

(Category 1 Approved by An Bord Altranais)

**Starting Date: 24<sup>th</sup> April 2013**

**Training Dates: April 24<sup>th</sup>, 25<sup>th</sup> & the 1<sup>st</sup>, 2<sup>nd</sup> & 8<sup>th</sup> May**

*Dual diagnosis refers to the co-existence of mental illness and substance use disorder in a person.* This training programme is aimed at introducing you to the concept of dual diagnosis and the various psycho-education programmes that you may utilise in your own service while dealing with dual diagnosis service users.

### Who may attend this training?

Community out reach workers, Drug Counsellors, Gardai, Nurses, Medical professionals, Primary health care workers, Probation officers, Social workers & Any clinicians working in addiction centres and any other centre that provide a service for drug & alcohol problems/mental health are deemed to benefit from this course.

### Learning Outcomes

This training should enable you to:

- Demonstrate reasonable knowledge of dual diagnosis & psycho-education group programmes.
- Carry out an assessment & make appropriate referrals for clients with dual diagnosis in your service.
- Develop a programme of your own to suit your clients' needs.

### Training Structure

This 35 hours training programme delivered over 3 weeks is an introduction to dual diagnosis and the psycho-education group programmes. It is an intensive five-day course that includes theoretical information on dual diagnosis, mental illness in general and also practical sessions on "*how to conduct the psycho-education programmes for dual diagnosis*". Included in this programme is service user involvement and interagency working.

### Teaching Methods

Lectures, Videos, Vignettes, Group works/discussions, Role play with video recording, Skills demonstration, Guest Speakers, Reflective experiential accounts by Service Users. Participants can also access library.

### Assessment

Participants are expected to write two essays (1000 words approx.) and participate in skills demonstration.

### Feedback from Previous Participants

- ⇒ Very well presented in a relaxed non-threatening environment. Very conducive to learning (Participant, 2009)
- ⇒ I enjoyed the course, lots of learning. The insight of service users is greatly appreciated (Participant, 2010)
- ⇒ Very intense and certainly gained knowledge and skills for future practice (Participant, 2011)

**A minimum of 85% attendance is required in order to receive the certificate.**

**Course Fee: 475 Euro. For Students-Reduced Rate of 425 Euro**

*(Includes Course Material and Light Refreshments)*

**Venue:** Training Centre, National Forensic Mental Health Service, Central Mental Hospital, Dublin-14

**For further information contact:** Hanora Byrne (CNS)/ Dr.Shobha Rani,PhD (CPC)

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Ph: 01-2157556/01-2157429

National Forensic Mental Health Service, Central Mental Hospital, Dublin-14

**DUAL DIAGNOSIS:**

**TRAINING IN PSYCHO-EDUCATION PROGRAMMES**

**APPLICATION FORM**

**Name:** .....

**Address:** .....

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**Telephone: Work**..... **Mobile**.....

**Email (If Available) :** .....

**Current Employment:** .....

**Reasons for attending this course:** .....

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**Experience of Working with Dual Diagnosis Clients:** .....

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**Course Fee: 475 Euro**  
**For Students-Reduced Rate of 425 Euro**

**Cheques made payable to: NFMHS Cost Centre-46152118**

**Starting Date: 24<sup>th</sup> of April 2013**

**Please return completed form and cheques by Friday, 12<sup>th</sup> April 2013 to  
Hanora Byrne (CNS)/ Dr.Shobha Rani, PhD (CPC), Central Mental  
Hospital, Dundrum, Dublin-14.**