



A Vision for Psychiatric/Mental Health Nursing in Ireland

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Symbolism of the Butterfly

- Butterfly is a symbol for many cultures and religions
- A symbol for Change. A Change in direction and focus
- But also a symbol of:

Hope and Recovery



Our (Aisling and Thomas) implicit aim

AVOIDING DEATH BY POWERPOINT





All Stakeholders in Irish Mental Health



Our explicit aim (presentation)

To provide a very brief overview of a major national research project into psychiatric nursing in Ireland

The presentation will provide an overview of:

The Project Aims & Objectives

Methodology

Results

Discussion and conclusion

A comment on the project governance as an experience of best practice



Background/context: This project was motivated by external and internal drivers for change



Aims of project

- To inform and strengthen the role of the Psychiatric Nurse to support the implementation of our national evidence based mental health policy "A Vision for Change (DoH, 2006) in the Irish mental health services.
- To present a research report which would identify an enhanced role which will improve the range and quality of services available to individuals and their families in Ireland.



Objectives of the project

- Review and establish the current role of the RPN working with people with mental health difficulties
- Identify factors that inhibit role development
- Identify knowledge skills and competencies required for nurses working within this context/ current scope and expanded scope
- Recommend a framework and action plan for implementation



Methodology

- Research informed by an Extensive and systematic review of the literature
- Mixed qualitative and quantitative exploratory research methodology
- The centrality of Key stakeholders (service users/carers, profession, policy makers, service planners and managers)
- National Call for written Submissions (28 received)
- Nationally distributed Survey of Psychiatric Nurses (n=1017 over 20% total professional population)
- Focus groups (22 facilitated nationally)
- Quantitative (surveymethods software) and qualitative analysis (Thematic Content Analysis, Burnard, 1991)
- Ethical approval



Findings (triangulated) were organised into 4 broad themes

1. Adopting a recovery approach
2. Improving outcomes and service quality
3. Developing clinical capacity
4. Enhancing organisational effectiveness



Within these themes there are

- A total of 17 recommendations
- and
- A total of 56 actions which are far reaching

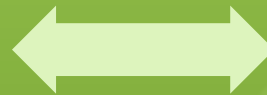


Key recommendations-Recovery

Principles and
values
informing care



Consultation to
review title
RPN



National
Practice
standards

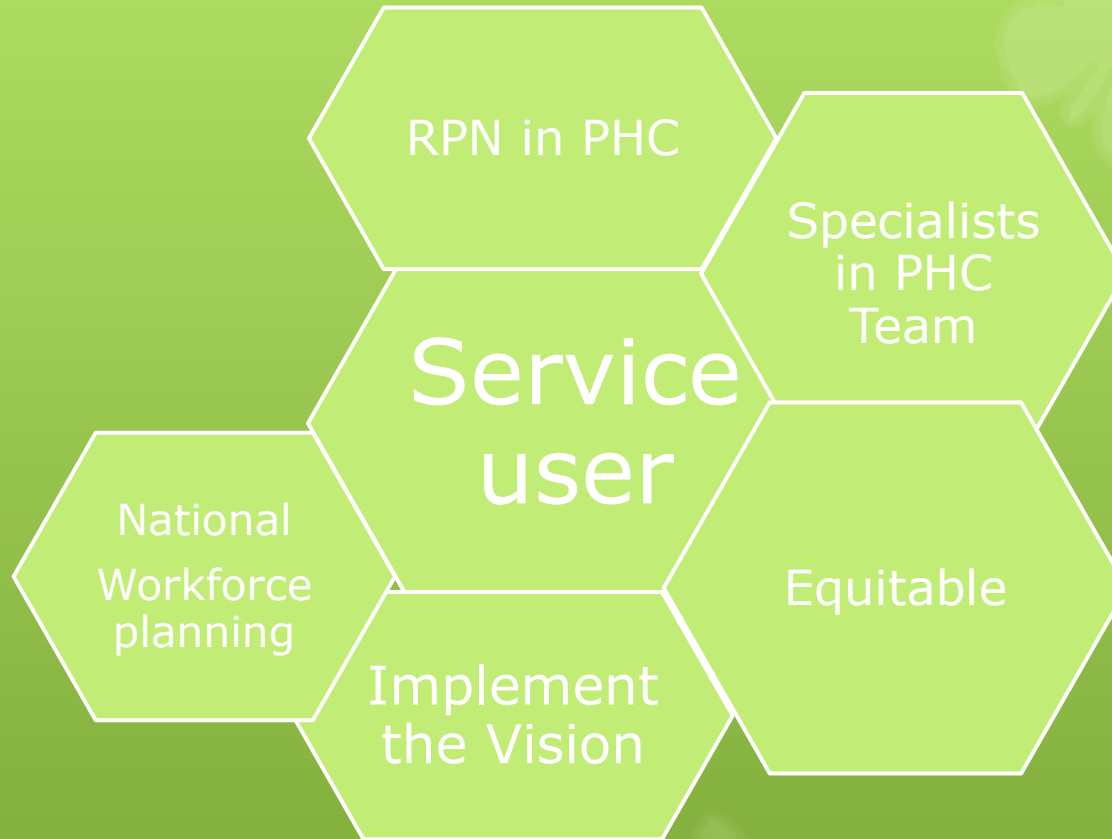
Recommendations –Improving outcomes and service quality



Recommendations- Clinical capacity



Recommendations- Organisational effectiveness



Just to focus on
2 key actions

National Review of
the Undergraduate
Nursing Degree
Programme

Nurses and
Midwives Act, 2011

Revision of the
Requirements and
Standards for
Psychiatric Nurse
Registration
Education and
Training



Research provides a framework for integrating



We will face challenges in
implementating actions



However Psychiatric nurses are creative problem solvers



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NSUE National Service Users Executive

Department of Health

Health Service Executive Mental Health (HSE)

An Bord Altranais

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Psychiatric Nurses' Association Ireland (PNA)

Irish Institute Mental Health Nursing

Mental Health Nurse Managers Ireland (MHNMI)

Services industrial Professional Trade Union (SIPTU)

National Council for the Professional Development of Nursing and
midwifery (NCNM)

● You can access the report on the following websites:

● www.pna.ie

● www.hse.ie

