



A guide for nurses, midwives and services seeking to select and assess nursing and midwifery interventions.



National Council for the Professional Development of Nursing and Midwifery

An Chomhairle Náisiúnta d'Fhorbairt Ghairmiúil an Altranais agus an Chnáimhseachais

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National Council for the Professional Development of Nursing and Midwifery
6-7 Manor Street Business Park Manor Street
Dublin 7
t: 353 1 882 5300

The Council exists to promote and develop the professional role of nurses and midwives in order to ensure the delivery of quality nursing and midwifery care to patients/clients in a changing healthcare environment.

Mission Statement of the National Council

f: 353 1 868 0366 e: admin@ncnm.ie w: www.ncnm.ie

DEVELOPMENT OF MEASUREMENT OF NURSING AND MIDWIFERY INTERVENTIONS: GUIDANCE AND RESOURCE PACK

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DEVELOPMENT OF MEASUREMENT OF NURSING AND MIDWIFERY INTERVENTIONS: GUIDANCE AND RESOURCE PACK

Glossary of Terms and Acronyms

ACENDIO Association for Common European Nursing Diagnoses, Interventions and Outcomes

A membership organisation established in 1995 to promote the development of nursing's professional language and provide a network across Europe for nurses interested in the development of a common

language to describe the practice of nursing.

www.acendio.org

BFHI Baby-Friendly Hospital Initiative

A global campaign by the World Health Organisation and the United Nations Children's Fund (UNICEF) which

recognises that implementing best practice in the maternity service is crucial to the success of programmes

to promote breastfeeding.

www.ihph.ie/babyfriendlyinitiative/

www.unicef.org/programme/breastfeeding/baby.htm

CINAHL Cumulative Index to Nursing and Allied Health Literature

www.cinahl.com

CNCCE Centre for Nursing Classification and Clinical Effectiveness, University of Iowa

www.nursing.uiowa.edu/centers/cncce/

DoHC Department of Health and Children

www.dohc.ie

DVD digital versatile/video disc/disk

Essence of Care Essence of Care (first published by the NHS in 2001 and updated in 2003) comprises patient-focused

benchmarks of best practice for health and social care practitioners and covers nine areas of fundamental care. It provides a tool to help practitioners take a patient-focused and structured approach to comparing,

sharing and developing practice to improve the quality of care. www.cgsupport.nhs.uk/PDFs/articles/Essence_of_Care_2003.pdf

Excellence Ireland Quality Association

The national partner organisation for European Foundation for Quality Management programmes in Ireland.

www.eiqa.com

HIQA Health Information and Quality Authority

www.hiqa.ie

HPH Health Promoting Hospitals

An initiative of the World Health Organisation's Collaborating Centre for Health Promotion in Hospitals and Health Care, which aims to support the development of hospitals and other healthcare institutions in Europe

and other regions of the world into healthy and health-promoting settings and organisations.

www.hph-hc.cc www.hphallireland.org

HSE Health Service Executive

The HSE is responsible for providing health and personal social services for everyone living in the Republic of Ireland. As outlined in the *Health Act*, 2004, the objective of the HSE is to use the resources available to it in the most beneficial, effective and efficient manner to improve, promote and protect the health and welfare of

the public. www.hse.ie

ICN International Council for Nurses

A federation of national nurses' associations founded in 1899 and representing nurses in more than 120

countries. www.icn.ch

ICNP International Classification for Nursing Practice ®

A unified nursing language system aimed at facilitating the development of and the cross-mapping among

local terms and existing terminologies.

www.icn.ch/icnp.htm

IHSAB Irish Health Service Accreditation Board

An independent organisation whose primary purpose is to establish, continuously review and operate an

accreditation scheme for the Irish health system within a quality improvement framework.

www.ihsab.ie

ISO International Organisation for Standardisation

A network of the national standards institutes of over 150 countries with a Central Secretariat in Geneva,

Switzerland. www.iso.org

JCAHO Joint Commission on Accreditation of Healthcare Organizations

An independent, not-for-profit organisation, the JCAHO is a standards-setting and accrediting body in health

www.jcaho.org

JCI Joint Commission International Centre for Patient Safety

An on-line resource for healthcare professionals and the public with links to patient safety websites, tips, tools

and resources for addressing patient safety problems.

www.jcipatientsafety.org

NANDA North American Nursing Diagnosis Association

Created in 1982 and originally comprising American and Canadian members, NANDA International is committed to increasing the visibility of nursing's contribution to patient care by continuing to develop, refine and classify

phenomena of concern to nurses.

www.nanda.org

NDA National Disability Authority

An independent statutory agency established under the aegis of the Department of Justice, Equality and Law

Reform by the National Disability Authority Act 1999 and focusing on promoting and securing the rights of

people with disabilities.

www.nda.ie

NHS National Health Service

Founded in 1948, the NHS comprises the four publicly funded healthcare systems of the United Kingdom.

www.nhs.uk

NIC Nursing Interventions Classification

Introduced by the College of Nursing, University of Iowa, USA, in 1987. See the website of the Centre for

Nursing Classification and Clinical Effectiveness (CNCCE).

NMDS nursing minimum data set

A nursing minimum data set provides a formal structure for (electronic) data sets to support nursing care in all

settings.

NOC Nursing Outcomes Classification

Introduced by the College of Nursing, Iowa, USA, in 1991. See the website of the Centre for Nursing

Classification and Clinical Effectiveness (CNCCE).

OECD Organisation for Economic Co-operation and Development

An affiliation of 30 member countries sharing a commitment to democratic government and the market

economy. Its work covers economic and social issues including health.

www.oecd.org

QUASAR Quality Assurance Surveys and Reports

A commercially produced audit software package.

UK United Kingdom

USA United States of America

DEVELOPMENT OF MEASUREMENT OF NURSING AND MIDWIFERY INTERVENTIONS: GUIDANCE AND RESOURCE PACK

Foreword

The National Council for the Professional Development of Nursing and Midwifery is delighted to publish *Measurement of Nursing and Midwifery Interventions: Guidance and Resource Pack*. This two-part publication comprises a report of a study on the extent to which nurses and midwives in Ireland document their interventions and the outcomes of these interventions (Part 1) and some preliminary guidance and assistance to those nurses, midwives and services coming to grips with the challenges of determining what interventions to select and assess (Part 2).

Nurses and midwives have the potential to carry out a wide range of interventions in a variety of health care settings and with patients and clients with varying and diverse needs. By identifying their interventions and measuring the outcomes of these interventions, nurses and midwives can articulate and clarify their roles and functions in relation to both the settings in which they work and the patients and clients to whom they deliver services and care. This publication is timely given the current climate of health service reform and service quality improvement, in which healthcare professionals are increasingly required to demonstrate the effectiveness of what they do and articulate how they are contributing to the quality of patient and client care. Furthermore, *Measurement of Nursing and Midwifery Interventions: Guidance and Resource Pack* reflects the National Council's continuing consultative approach to working with nurses and midwives at all levels in the health service and across different sectors in order to explore how they integrate professional and health system matters with the demands of service delivery.

I extend my thanks to all the individuals and organisations who participated in the study and to those who supported others to participate. Particular thanks are extended to my colleagues Kathleen Mac Lellan (Head of Professional Development and Continuing Education), who steered the overall project, and Christine Hughes (Professional Development Officer), who undertook the research and compiled the two documents. I am also grateful to Jenny Hogan, Elizabeth Adams and Sue McGovern for their respective contributions.

Yvonne O'Shea Chief Executive Officer

Development of Measurement of Nursing and Midwifery Interventions: Guidance & Resource Pack

DEVELOPMENT OF MEASUREMENT OF NURSING AND MIDWIFERY INTERVENTIONS: GUIDANCE AND RESOURCE PACK

Introduction

In the current climate of health service reform and service quality improvement, healthcare professionals are increasingly required to demonstrate the effectiveness of what they do and articulate how they are contributing to the quality of patient and client care. Nurses and midwives have the potential to carry out a wide range of interventions in a variety of health care settings and with patients and clients with varying and diverse needs. By identifying their interventions and measuring the outcomes of these interventions, nurses and midwives can articulate and clarify their roles and functions in relation to both the settings in which they work and the patients and clients to whom they deliver services and care.

The National Council for the Professional Development of Nursing and Midwifery has a well-established history of reviewing developments in nursing, midwifery and healthcare and of consulting nurses and midwives working across a range of services and settings in Ireland to assess the extent to which the developments are taking place. In 2005 the National Council commenced a study of nursing and midwifery interventions and the measurement of their outcomes taking place in Ireland. This study comprised extensive literature reviews, development of terms of reference, a questionnaire survey and focus group discussions with nurses and midwives. Documented in Part 1 (An Evaluation of the Extent of Measurement of Nursing and Midwifery Interventions in Ireland), the data gathered show that nurses and midwives working in general hospitals, children's hospitals, older person care settings, mental health services, primary care settings and intellectual disability settings are indeed striving to demonstrate, record and articulate what it is they do. They are taking part in hospital- and organisation-wide quality improvement and assurance programmes and they are using recognised instruments, scales and assessment tools to guide and document their interventions. In addition, the data have also indicated the guidance and resources already available, as well as indicating what is needed to enable nurses and midwives to continue to work as effectively in the future. Using this information the National Council has developed the Guidance and Resource Pack in Part 2. This pack builds upon the literature reviewed in Part 1 as well as the findings from the study. Its aim is to assist nurses, midwives and services seeking to select and assess nursing and midwifery interventions as part of a service quality improvement initiative or other type of enterprise.

Healthcare is dynamic and constantly evolving in response to new evidence, policies and models of service provision. Inevitably, any resource pack will have a limited shelf-life. The *Guidance and Resource Pack* will be available on the National Council's website, where it can be updated and added to by nurses and midwives with experience and expertise in interventions and outcomes measurement in diverse settings.

Structure of Measurement of Nursing and Midwifery Interventions: Guidance and Resource Pack

The entire *Measurement of Nursing and Midwifery Interventions: Guidance and Resource Pack* is divided into two separate documents.

Part 1: An Evaluation of the Extent of Measurement of Nursing and Midwifery Interventions in Ireland

This document comprises the following chapters:

- 1. Introduction to Part 1
- 2. Literature Review
- 3. Findings
- 4. Conclusions and Recommendations

These chapters make up a report on the study undertaken into the extent of interventions and outcomes measurement being carried out by nurses and midwives in Ireland. References for and appendices to these chapters are also contained in Part 1.

Part 2: Measurement of Nursing and Midwifery Interventions: Guidance and Resource Pack

This document was developed from the literature review and the findings of this study. It comprises five sections:

- 1. Guidance for Nurses and Midwives: Ten Questions
- 2. Internet Resources for Nursing and Midwifery Interventions
- 3. Internet Resources for Healthcare
- 4. Identifying Your Own Sources and Resources
- 5. Developing Interventions and Outcomes Measurement: An Interactive Approach

Sections 1 to 3 of Part 2 were developed on the basis of the findings from the study. Part 2 contains its own references.

Both parts contain the same foreword, overall introduction, glossary and bibliography.

PART 2

Development of Measurement of Nursing and Midwifery Interventions: Guidance & Resource Pack



Development of Measurement of Nursing and Midwifery Interventions: Guidance & Resource Pack

Introduction to Part 2

Both Part 1 and Part 2 of this document are intended by the National Council to be used by nurses and midwives seeking guidance and resources in nursing and midwifery interventions and the outcomes of their measurement. Part 1 (*An Evaluation of the Extent of Measurement of Nursing and Midwifery Interventions in Ireland*) contains a review of issues relating to interventions and outcomes measurement and the broader healthcare agenda for quality improvement and assurance. The references cited within the literature review and within the bibliography may also prove useful to the intended audience. The study conducted by the National Council is a resource in itself in that it provides some insights into the information needed by nurses and midwives about interventions, instruments, scales and tools used to guide and document their interventions and how the data gathered are or might be used. It also provides some evidence of the projects and activity already underway in health services in Ireland.

Part 2 of this document builds upon the literature reviewed for this study and the findings from the questionnaire survey and focus groups. The intention of Part 2 is to give assistance to those nurses, midwives and services coming to grips with the challenges of determining what interventions to select and assess. Some issues to consider are presented in a question and answer format. Resources relating to nursing, midwifery and healthcare interventions and outcomes and to quality improvement and assurance topics are identified and briefly described. (The Glossary contains website addresses for the organisations referred to in Part 1.) Both parts contain the same foreword, overall introduction, glossary and bibliography.

The *Guidance and Resource Pack* will be available on the National Council's website, where it can be updated and added to by nurses and midwives with experience and expertise in interventions and outcomes measurement in diverse settings.



Development of Measurement of Nursing and Midwifery Interventions: Guidance & Resource Pack

Guidance for Nurses and Midwives: Ten Questions

Q 1. I would like to start identifying nursing and midwifery interventions and measuring their outcomes. Where do I start?

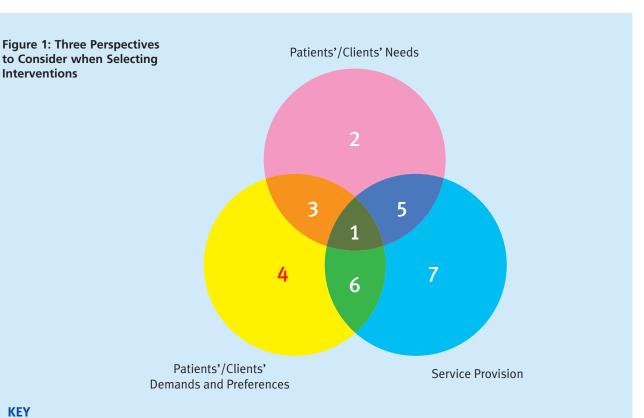
First of all you need to be sure what you mean by nursing or midwifery interventions and outcomes. Refer to Chapter 2 in Part 1 and the glossary in this document for definitions of these terms.

Q 2. How should I begin to select interventions and measure them?

Nursing and midwifery interventions cover a very wide range of activities, some of which we may take for granted or carry out without consciously noting that they are nursing or midwifery interventions. However, clarifying the objectives is the starting point for defining the right outcome measures. You should also clarify what approach you are taking to identifying and prioritising your interventions and expected outcomes. You and your team could start by asking:

- What are we trying to achieve?
- If we are trying to achieve "better care", what exactly do we mean by it?
- What aspects of care are we trying to measure? For example, mouth care, pressure sores, etc?
- What approach are we taking? An audit cycle approach (see Question 4)? Are we participating in a hospital- or service-wide accreditation scheme? Are we focusing on the structures used in our own unit or ward?
- If an accreditation scheme or quality improvement programme is in operation within this hospital or service, what are the key interventions being measured or to be measured, for example, patient satisfaction, etc? Which themes and terms are being used, for example, quality, person-centredness, partnership, empowerment, dignity, etc? Should we link in with these programmes?
- Do we understand precisely what these themes and terms mean within the context of the accreditation scheme or quality improvement programme?
- Are others in the service already measuring what we are interested in? Who can we contact to find out: for example, the nursing/midwifery practice development co-ordinator, the clinical nurse/midwife specialist or someone in another service area in the hospital?

Figure 1 on the next page shows some factors to consider when selecting interventions.



KEY

Interventions

- 1. Interventions that are needed, demanded and well produced
- 2. Interventions that are needed but not demanded nor provided (for example, from patients with dementia or psychiatric illness, or who are chronically ill or have language problems)
- 3. Interventions that are both needed and demanded but not provided (due to budget restraints or long waiting lists)
- 4. Interventions that are demanded but not needed nor provided (for example, if a client or insurance company requests x-rays or investigations that are required for reasons that are not evidence-based)
- 5. Interventions that are needed and provided but not demanded (including preventive measures such as influenza vaccinations, or screening for functional decline)
- 6. Interventions that are demanded and provided but not needed (for example, over-diagnosis, or activities performed 'to be on the safe side', either from the patient's/client's view or the professional view or both. Examples include patients/clients receiving help with cooking or transport even if they do not need it, 'to be on the safe side')
- 7. Interventions that are provided but are neither needed nor demanded (such as services that are already provided by others).

Source: Adapted from Lundgren (2004) Needs Assessment

Q 3. Should I only be considering nursing or midwifery interventions and outcomes?

Building up co-operation for quality between different professionals, units and organisations serving the same clients is the starting point for implementing any quality scheme in an integrated system. While nursing and midwifery interventions and outcomes are important, you should consider whether it would be appropriate and beneficial to:

- participate in multidisciplinary interventions and outcomes at unit level
- participate in an organisation-wide audit or quality programme or
- use a specific nursing and midwifery intervention measurement tool.

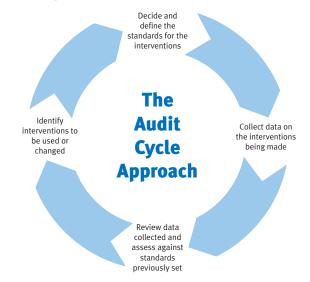
Although nurses and midwives are always working as part of a multidisciplinary team, it is still important for them to be able to identify and articulate their contribution and which outcomes are sensitive to nursing and midwifery interventions.

Q 4. How often should I review the nursing or midwifery interventions used in my hospital or service?

This activity should be organised as an on-going, cyclical and interactive process involving everyone participating in the delivery of care. The review process should be related to what you are measuring and the relevant evidence-base. For example, it might be appropriate to carry out a pressure sore prevalence audit on a six-monthly basis, but the effectiveness of pain management approaches may need to be measured more frequently.

This on-going cyclical review process (see Figure 2) may form part of your overall audit and other quality improvement or assurance work. Such audit work, whether it be clinical or service audit, will enable you to establish whether or not your interventions are meeting expected outcomes and improving patient and client care.

Figure 2. Reviewing Nursing and Midwifery Interventions: The Audit Cycle Approach



Q 5. How should I document nursing or midwifery interventions?

This may depend on the type of interventions you are carrying out and the available formats (paper or electronic) for documenting these interventions. For example, the Waterlow Score Card (see www.judy-waterlow.co.uk) has explicit instructions for its completion. In general, documentation of nursing and midwifery care should:

- Be objective
- Be comprehensive
- Reflect accurately the status of the patient/client
- Be representative of prudent nursing and midwifery practice
- Demonstrate compliance with service/organisation policy (Carpenito-Moyet 2004).

You should bear in mind why you are documenting nursing and midwifery interventions. Do you want to:

- Communicate the patient's/client's progress and condition to other members of the healthcare and/or health and social care team?
- Define the nursing or midwifery focus for the patient/client or group?
- Differentiate the accountability of the nurse or midwife from that of other members of the healthcare and/or health and social care team?
- Provide the criteria for reviewing and evaluating care as part of a quality improvement programme?
- Provide the criteria for patient/client classification?
- Provide or contribute to a justification for re-imbursement from a health insurer?
- Provide data for an administrative and legal review?
- Comply with legal, accreditation and professional standard requirements?
- Provide data for research and educational purposes?

Your hospital or service should be able to advise you on any *Data Protection*, *Freedom of Information* and similar requirements.

Q 6. How can I ensure I have support for identifying and communicating nursing and midwifery interventions and outcomes?

You can do this by identifying those people who have a direct or indirect interest in your project (i.e., stakeholders) and who will be able to influence the success of your project. Stakeholders will include patients and clients receiving care directly, their families and carers, other nurses and midwives and other members of the multidisciplinary health and social care team. Other stakeholders can be identified at local regional, national and international levels; for example, the hospital or service, committees or working groups within the hospital or service, professional networks, etc.

Figure 3 may be of some assistance to you when identifying your stakeholders and how they can help.

Figure 3. Stakeholder Analysis

Stakeholder Benefits to the stakeholder from participation in project		Importance of stakeholder to success of project			Strategies for obtaining support from stakeholder
		High	Mid	Low	
Patients	Prevention of pressure areas Prevent extended length of stay	√			Inform about benefits of tool
Nursing practice development co- ordinator	Has already conducted literature review and research in this area Has good working relationship with CNS (Tissue Viability)	✓			Request assistance Involve in audit
Service	Prevent extended length of stay	V			Present findings about cost- effectiveness

Q 7. What resources are available to me for selecting interventions and measuring their outcomes?

There are numerous national and international resources available to you in terms of instruments, scales and assessment tools, documentation formats, evidence supporting the validity and reliability (or otherwise) of the instruments, and experience.

- The National Council has provided financial and other support for many continuing education programmes for nurses and midwives in Ireland (National Council 2001). These have included support for programmes concerned with nursing- and midwifery-sensitive outcomes, the implementation of bench-marking frameworks and audit. Details of these programmes and the application forms can be found on the National Council's website (www.ncnm.ie).
- The National Council's website also contains an all-Ireland database of practice and quality initiatives undertaken by nurses and midwives. This can help put you in touch with nurses and midwives who are willing

to share their experience and knowledge. There are also many international on-line databases.

- The nursing and midwifery planning and development units around the country have a wealth of experience between them in relevant projects and can put you in touch with other services in your region with similar experience.
- The Health Service Executive (HSE) is now providing an on-line library service for its employees. Contact webmaster@hselibrary.ie or log on to www.hselibrary.ie to find out more about the services available. Organisations or services in the voluntary sector may have their own local or organisation-wide service. Examples of other Irish online health libraries and data sources are Health Intelligence (www.ich.ie), Ireland and Northern Ireland's Population Health Observatory (www.inispho.org) and the Health Research Board (www.hrb.ie). If you have access to the library of a university or institute of technology, you can seek guidance from the teaching staff and librarians.
- In many instances, instruments for guiding and documenting interventions can by downloaded from the Internet. Use a search engine to find or track down what you are looking for it helps if you know the exact name of the instrument or document you are looking for.
- This document contains references and a bibliography and lists websites containing information or resources identified in the course of the study undertaken in Part 1. You should read the Disclaimer on page 14.

Q 8. What training is available in nursing and midwifery interventions and outcomes?

Training has been provided by the centres of nursing and midwifery education and in association with the nursing and midwifery planning and development units. Where access to the centres, units and corporate learning may be limited, it may be helpful to approach your colleagues in another part of your service or in another agency in order to draw up a training proposal that maximises resources.

The findings from the National Council's study *An Evaluation of the Extent of Measurement of Nursing and Midwifery Interventions in Ireland* (see Part 1) indicate that training is vital to the successful implementation and on-going use of interventions and outcomes measurement. Topics that might be included in a training programme are:

- Interventions and outcomes: concepts; tools; documentation (paper and electronic formats); reliability and validity; care-planning.
- Quality improvement and assurance: concepts; strategies and tools; clinical governance; audit; multidisciplinary working.

Q 9. I am interested in interventions and outcomes relating to quality of life. How can I find out more about these?

A useful starting point is *Measuring Health: A Review of Quality of Life Measurement Scales* (Bowling 2005). This contains information on the content, scoring, validity and reliability of instruments for measuring functional ability, psychological well-being, social networks and social support.

Q 10.Can I use the instruments, scales and assessment tools freely and without charge?

You should always check what copyright restrictions are in place. A charge or fee may be involved. A librarian is best placed to advise you. Also you should be sure that whatever instrument you use is backed by supporting evidence. There are many examples in the nursing, midwifery and healthcare literature of studies undertaken to assess the extent to which a data-gathering instrument, scale or assessment tool will give the same results when used repeatedly (i.e., reliability) and the extent to which its use reflects what it is supposed to measure or give information about (i.e., validity).



Internet Resources for Nursing and Midwifery Interventions

This section of the Resource Pack contains information about Internet resources relating to the areas of intervention most frequently identified by the nurses and midwives participating in the National Council's survey in 2005.

1. WATERLOW PRESSURE AREA RISK ASSESSMENT

Name of website/webpage: Waterlow

URL: www.judy-waterlow.co.uk

Country: HK

Brief description: The main aim of this website is to provide easy access to up-to-date information on improving

> pressure ulcer care, prevention, and risk assessment, plus information on the Waterlow Scale and how to use it effectively. The site is primarily aimed at nurses, healthcare professionals, students, care-home owners, home carers and people interested in pressure ulcer care and

risk assessment.

The Waterlow scale, like all risk assessment scoring systems, is a simplistic tool so professional judgement must be used in determining the risk status of the patient/client. All assessments and reassessments must be documented and the plan of care adjusted as

Items of particular interest: Resources available to download free of charge include the Waterlow Score Card, the Waterlow

Pressure Ulcer Manual (2005) and a chart for recording frequency of turning patients.

2. FALLS RISK ASSESSMENT (FRASE)

While no single official website for FRASE was identified, most websites offer a modified version. A sample 2-page falls risk assessment form for nurses (adapted from the Ohio Falls Risk Work Group 1999) was identified at the URL below.

URL: http://mqa.dhs.state.tx.us/QMWeb/Falls/riskassessment.pdf#search=%22falls%20risk%

20assessment%22

Country: USA

Brief description: The main headings in this form are Falls History, Lifestyle Factors, Internal Risk Factors and

External Factors.

3. PAIN MANAGEMENT TOOLS

No specific pain management and/or assessment tool was named but a useful review of different tools is contained in Acute Pain Management: Scientific Evidence (2nd ed) (Australian and New Zealand College of Anaesthetists and Faculty of Medicine 2005).

Name of website/webpage: Australian and New Zealand College of Anaesthetists and Faculty of Medicine

URL: www.anzca.edu.au

Country: Australia and New Zealand

Brief description: This website is primarily aimed at anaesthetists but the Acute Pain Management manual can

be viewed and downloaded from this website – follow the links to Publications.

Particular interest: Chapter 2 (Assessment and Measurement of Acute Pain and its Treatment) contains a review of

instruments used in pain management.

Additional note: The McGill Pain Index is a scale of rating pain developed at McGill University, Canada, in 1971

(Melzack 1975). By typing in the name of this scale in your search engine of choice you can locate studies concerning the usefulness of this scale with patients with different conditions

and in different settings.

4. BARTHEL INDEX

The Barthel Index (BI) is a commonly used scale that measures disability or dependence in activities of daily living in people who have had strokes. The BI was developed in 1965 and later modified by Granger et al (1979) as a scoring technique that measures the patient's performance in ten activities of daily life. The items can be divided into a group that is related to self-care (feeding, grooming, bathing, dressing, bowel and bladder care, and toilet use) and a group related to mobility (ambulation, transfers, and stair climbing).

The Maryland State Medical Society currently holds the copyright for the BI, which may be used freely for non-commercial purposes with the following citation:

Mahoney F. I., Barthel D (1965) Functional evaluation: the Barthel Index. *Maryland State Med Journal*, 14, 56-61. Used with permission.

A modified version of the BI is also available.

Name of website/webpage: The Internet Stroke Center, Washington University, St Louis

URL: www.strokecenter.org

Country: USA

Brief description: This is an independent web resource for information about stroke care and resources.

Particular interest: Follow the links to Professionals & Students/Scales & assessment tools to find a wide

range of stroke scales and clinical assessment tools used in the areas of pre-hospital stroke assessment, acute assessment, function assessment, outcome assessment

(including the Barthel Index), and other diagnostic and screening tests.

5. MINI-MENTAL STATE EXAMINATION/TEST SCORE

The Mini-Mental State Examination (MMSE)/Test Score (or Folstein Test) (Folstein, Folstein and McHugh 1975) is a 30-point questionnaire test used to detect cognitive impairment, assess its severity and to monitor cognitive changes over time.

Name of website/webpage: Mini-Mental State Examination

URL: www.minimental.com

Country: USA

Brief description: Copyright of the MMSE has been enforced so it is not possible to publish further

information here. A sample report can be viewed at the website Psychological Assessment

Resources (PAR) Inc (www.parinc.com) by typing MMSE into the search box.

6. MANUAL HANDLING ASSESSMENT CHART

Name of website/webpage: Health and Safety Authority (HSA)

URL: http://www.hsa.ie

Country: Ireland

Brief description: The Health and Safety Authority is the national body in Ireland with responsibility for

securing health and safety at work. It is a state-sponsored body, operating under the *Safety, Health and Welfare at Work Act*, 2005 and it reports to the Minister for Enterprise,

Trade and Employment.

Particular interest: Guidance on the Management of Manual Handling in the Workplace (HSA 2005) (€10.00)

contains information on the relevant legislation, developing manual handling

programmes, policies and risk assessment, and measures for reviewing the effectiveness

of controls.

7. WOUND ASSESSMENT TOOLS

There are numerous websites providing information about wound healing. Search for the one that suits your clinical environment and patient caseload. You should also conduct a literature search and review on any tools you identify in order to establish their effectiveness, validity and reliability.

Name of website/webpage: World Wide Wounds

URL: www.worldwidewounds.com

Country: USA

Brief description: This first web address is a very straightforward website that brings the reader straight into a

wound assessment tool.

Some wound assessment tools can be downloaded from the following URLs:

• www.dd-management.com/CO/forms/HBU_Wound_Tool_Rev_3.4.o5.pdf

• http://borun.medsch.ucla.edu/modules/Pressure_ulcer_prevention/

puBWAT.pdf#search=%22 wound%20 assessment%20 tools%22

(Bates-Jensen Wound Status Tool)

• www.nhslothian.scot.nhs.uk/primarycarelibrary/2_ClinicalPractice/home_cp.htm

8. CONTINENCE ASSESSMENT TOOLS

There are numerous websites providing information about continence assessment. Search for the one that suits your clinical environment and patient caseload. You should also conduct a literature search and review on any tools you identify in order to establish their effectiveness, validity and reliability.

Name of website/webpage: Continence Foundation of Australia
URL: http://www.continence.org.au/

Country: Australia

Brief description: The Continence Foundation of Australia (CFA) was established in 1989 and began as an idea

put forward by a group of interested people back in the mid-1980s. Their vision was to bring together the disparate healthcare professions treating and managing incontinence in various

ways across Australia.

Name of website/webpage: Australian Government: Department of Health and Ageing

URL: http://www.health.gov.au/internet/wcms/publishing.nsf/Content/continence-ncms-res.htm-

copy2

Country: Australia

Brief description: The Australian Department of Health and Ageing has established a National Continence

Management Strategy (NCMS). This website contains a wide range of resources.

Other resources: Continence: Adults with Urinary Dysfunction. Best Practice Statement (Nursing and Midwifery

Practice Development Unit, NHS Scotland 2002) contains guidelines for developing best practice statements as well as guidance in assessment, care planning and audit of the

effectiveness of best practice statements. Download from

www.nhshealthquality.org/nhsqis/files/BPSContinence_adults_urinary_dysfunction.pdf#searc

h=%22Continence%20Assessment%20Tools%22

9. BRADEN SCALE

The Braden Scale is used to predict the risk of developing pressure sores. Its subscales measure functional capabilities of the patient that contribute to either higher intensity and duration of pressure or lower tissue tolerance for pressure.

Name of website/webpage: Prevention Plus

URL: www.bradenscale.com

Brief description: This website aims to provide health care professionals with a simple way to obtain information

related to the Braden Scale for Predicting Pressure Sore Risk© and its appropriate use in a programme of prevention of pressure ulcers. Some products are available without charge to professionals who agree not to resell them or to profit from their use. Permission should be

sought to use those products that are copyrighted.

10. NORTON SCALE

The Norton Scale was devised in 1960 and can be used to predict if a patient is at risk for development of pressure ulceration. The parameters which are evaluated include physical condition, mental condition, activity, mobility and incontinence. No single "Norton website" was identified, but as above it is possible to access the scale using an internet search engine.

Download from: www.woundcarehelpline.com/NortonScale.pdf#search=%22norton%2oscale%22

11. ROPER-LOGAN-TIERNEY MODEL

The Roper-Logan-Tierney model of nursing provides a framework for nursing care based on the activities of daily living. The original textbook (Roper N., Logan W. W. & Tierney A.J. (1980) *The Elements of Nursing*. Churchill Livingstone) has been updated in 1985, 1990 and 1998. Other authors have evaluated and critiqued this framework. *Applying the Roper-Logan-Tierney Model in Practice* (Holland K., Jenkins J., Solomon J. & Whittam S. (2004) Churchill Livingstone) focuses on adult patients and contains exercises aimed at enabling readers to find evidence to support their practice.

No dedicated website identified.

Disclaimer

The National Council does not accept liability for any injury, loss or damage incurred by use of or reliance on the information contained in this document. The National Council cannot guarantee and assumes no legal liability or responsibility for the accuracy, currency or completeness of the information on the websites or in any of the other sources listed within this document. These websites, linkages to other websites or any publications referred to should not be taken as an endorsement or a recommendation of any content, products or services.

Internet Resources for Healthcare

This section of the Resource Pack contains information about Internet resources relating to the areas of healthcare interventions, audit, documentation, quality in healthcare, clinical governance and cost-effectiveness in healthcare.

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	RVENTIONS

Name of website/webpage:	Department of Health and Children (DoHC)
URL:	www.dohc.ie
Country:	Ireland
Brief description:	The Department of Health and Children's statutory role is to support the Minister in the formulation and evaluation of policies for the health services. It also has a role in the strategic planning of health services. This is carried out in conjunction with the Health Service Executive, voluntary service providers, Government Departments and other interests.
Particular interest:	Various useful links, e.g., Publications
Name of website/webpage:	The Cochrane Library (access via the website of the Health Research Board)
URL:	www.hrb.ie – click on the link to the Cochrane Library.
Country:	
Brief description:	The Cochrane Library contains high-quality, independent evidence to inform healthcare decision-making. It includes reliable evidence from Cochrane and other systematic reviews, clinical trials, and more.
Particular interest:	Follow the links For clinicians.
Name of website/webpage:	Healthdata
URL:	www.health-data.info
Country:	All-Ireland
Brief description:	Healthdata is a provider in Irish health and health care information. The data relates to current all-island quality and health promotion initiatives and allied research on health and social gain outcomes. Healthdata recognises and encourages the documentation and sharing of innovative activities, projects, programmes and research led by statutory, voluntary and community groups agencies and all who are contributing to health and well-being.
Particular interest:	Follow the links to E-Library
N 6 1 11 / 1	5 16 110 11 (1) (550)
Name of website/webpage:	Economic and Social Research Institute (ESRI)
URL:	www.esri.ie
Country:	Ireland
Brief description:	The ESRI's mission is to produce high-quality research, relevant to Ireland's economic and social development, with the aim of informing policy-making and societal understanding.
Particular interest:	Follow the links to HIPE and NPRS. The Hospital In-Patient Enquiry (HIPE) and National Perinatal Reporting System (NPRS) Unit is an integral part of the Health Policy and Information Division of the ESRI. Both the HIPE system and the NPRS are responsible for the timely and accurate collection of national health data.

name of website/webpage:	Health Evidence Network
URL:	www.euro.who.int/HEN

Country: International

Brief description: An agency of the World Health Organisation (Europe) and conceived as a network of

technical members and financial partners, involving United Nations agencies with a mandate related to health, organisations working with evidence-based health policy and health technology assessment, other institutions and governments, HEN provides answers to policy questions in the form of evidence-based summaries and easy access to evidence

and information from a number of websites, databases and documents.

Particular interest: Follow the links to Evidence Reports and browse by topic. Also it has useful links to

agencies via the Sources of Evidence page.

Name of website/webpage: Centre for Statistics in Medicine

URL: www.csm-oxford.org.uk

Country: UK

Brief description: The Centre for Statistics in Medicine collaborates in health care research and conducts

applied statistical research.

Particular interest: Follow the links to Projects/Healthcare interventions

Name of website/webpage: Scottish Executive

URL: www.scotland.gov.uk

Country: Scotland

Brief description: The website of the devolved government for Scotland.

Particular interest: Follow the links to Health and Community Care to download the Guide to the Production

and Provision of Information about Health and Healthcare Interventions (2003).

Name of website/webpage: National Institute for Health and Clinical Excellence (NICE)

URL: www.nice.org.uk

Country: UK

Brief description: NICE is an independent organisation responsible for providing national guidance on

promoting good health and treating ill health

Particular interest: Type "guidelines manual 2006" to download the NICE Guidelines Manual 2006.

AUDIT

1	Name of website/web	page:	NHS (Clinical	Governar	ice Si	upport 1	leam

URL: www.cgsupport.nhs.uk/default.asp

Country: Uk

Brief description: The website of the Clinical Governance Support Team was established in 1999 to support

the implementation of clinical governance across the NHS.

Particular interest: Follow the links to Resources/Audit to download the handbook A Practical Handbook for

Clinical Audit (2005).

Name of website/webpage: National Institute for Health and Clinical Excellence (NICE)

URL: www.nice.org.uk

Country: UK

Brief description: NICE is an independent organisation responsible for providing national guidance on promoting

good health and treating ill health

Particular interest: Type "guidelines manual 2006" to download the NICE Guidelines Manual 2006.

Name of website/webpage: Australian Centre for Evidence Based Clinical Practice (ACEBCP)

URL: www.acebcp.org.au

Country: Australia

Brief description: The ACEBCP is a resource centre for clinicians, researchers, health service managers and

consumers with an interest in improving the quality and safety of healthcare through the application of best evidence. The ACEBCP is a joint initiative of Flinders Medical Centre Division of Medicine and the Flinders University Schools of Medicine and Nursing. Its primary aim is to facilitate best practice in health care by assisting health care professionals develop

and apply the skills needed for evidence-based practice (EBP).

Particular interest: Follow the links to Clinical Audit Tool to register for a free audit tool. You should check with

your organisation before doing so.

DOCUMENTATION

Name of website/webpage: An Bord Altranais

URL: www.nursingboard.ie

Country: Ireland

Brief description: The function of An Bord Altranais is to provide for the registration, control and education of

nurses and midwives and to provide for other matters relating to the practice of nursing and

midwifery and the persons engaged in such practice

Particular interest: Follow the links to Policy Guidelines to download Guidance to Nurses and Midwives on the

Development of Policies, Guidelines and Protocols (An Bord Altranais 2000).

Name of website/webpage: Nursing Midwifery Council (NMC)

URL: www.nmc-uk.org

Country: UK

Brief description: The Nursing and Midwifery Council is an organisation set up by the British Parliament to

protect the public by ensuring that nurses and midwives provide high standards of care to

their patients and clients.

Particular interest: Follow the links to Popular links/Publications/NMC core publications/Guidance to download

Guidelines for Records and Record Keeping (NMC 2005)

QUALITY IN HEALTHCARE

Name of website/webpage: Irish Society for Quality & Safety in Healthcare (ISQSH)

URL: www.isqsh.ie
Country: Ireland

Brief description: The Society is a charitable, non-governmental organisation dedicated to improving the quality

and safety of healthcare and to supporting the development of professionals in healthcare

quality through professional education, training and research.

Particular interest: Patient safety and evidence-based care

Name of website/webpage: NHS Quality Improvement Scotland

URL: www.nhshealthquality.org

Country: Scotland

Brief description: NHS Quality Improvement Scotland (NHS QIS) was established as a Special Health Board

by the Scottish Executive in 2003, in order to act as the lead organisation in improving the quality of healthcare delivered by NHS Scotland. By 'improve', they mean the improving of the experiences of patients and the outcomes of their treatment while in the care of NHS Scotland. The organisation works to achieve these goals through an analysis of scientific evidence, by listening to the needs and preferences of patients and carers, as well as the

experiences of healthcare professionals.

Particular interest: Follow the links to Our Findings and Advice

Name of website/webpage: Nursing Care Quality at NQF (National Quality Forum)

URL: http://www.qualityforum.org/nursing/default.htm

Country: USA

Brief description: The NQF is leading an effort to understand more fully the extent to which nurses

contribute to improved patient safety and healthcare outcomes and promote nursing care quality. This site provides an overview of NQF activities in this area and supports a growing community of stakeholders —including healthcare professionals, researchers, consumers, public and private purchasers, employers, health plans, accrediting bodies, labour organisations, and organisations involved in healthcare research or quality

improvement — that are interested in collaborating in this endeavour.

Particular interest: Useful resources for identifying the nursing contribution to quality.

Name of website/webpage: National Institute for Health and Clinical Excellence (NICE)

URL: www.nice.org.uk

Country: UK

Brief description: NICE is an independent organisation responsible for providing national guidance on

promoting good health and treating ill health

Particular interest: Evidence-based patient care

CLINICAL GOVERNANCE

Name of website/webpage: Irish Society for Quality and Safety in Healthcare (ISQSH)

URL: www.isqsh.ie
Country: Ireland

Brief description: The ISQSH is a not-for-profit, charitable, non-governmental organisation. It is dedicated to

improving the quality and safety of healthcare, to supporting the development of professionals in healthcare quality through professional education, training and research and to providing a network for those working in or interested in healthcare quality to learn from and share with each other. The ISQSH has strong collaborative links with a number of national and international partners including the European and International Societies

for Quality in Healthcare.

Particular interest: E-mail the ISQSH to receive their electronic newsletter. Follow the links to Resources.

Name of website/webpage: NHS Quality Improvement Scotland

URL: www.nhshealthquality.org

Country: Scotland

Brief description: NHS Quality Improvement Scotland (NHS QIS) was established as a Special Health Board by

the Scottish Executive in 2003, in order to act as the lead organisation in improving the quality of healthcare delivered by NHS Scotland. By 'improve', they mean the improving of the experiences of patients and the outcomes of their treatment while in the care of NHS Scotland. The organisation works to achieve these goals through an analysis of scientific evidence, by listening to the needs and preferences of patients and carers, as well as the experiences of

healthcare professionals.

Particular interest: Follow the links to Support for Professionals/Clinical Governance and Patient Safety

Name of website/webpage: NHS Clinical Governance Support Team

URL: www.cgsupport.nhs.uk

Country: UK

Brief description: The NHS Clinical Governance Support Team works to help health and social services to

implement clinical governance. Essence of Care is well documented on this website.

Particular interest: Follow the links to (1) Programmes and (2) Essence of Care to find out more about the patient-

focused benchmarks for clinical governance.

COST-EFFECTIVENESS IN HEALTHCARE

Name of website: Cost-Effectiveness and Resource Allocation

URL: www.resource-allocation.com/home/

Country: USA

Brief description: Cost Effectiveness and Resource Allocation is an Open Access, peer-reviewed, online journal

that considers manuscripts on all aspects of cost-effectiveness analysis, including conceptual or methodological work, economic evaluations, and policy analysis related to resource allocation at a national or international level. It is aimed at health economists, health services

researchers, and policy-makers with an interest in enhancing the flow and transfer of knowledge relating to efficiency in the health sector.

Particular interest: View and download full-text articles and abstracts of articles of interest.

Name of website/webpage: Agency for Healthcare Research and Quality (ARHQ) – follow links to Research

indings/Health Care Costs

URL: www.ahrq.gov/research/costix.htm

Country: USA

Brief description: The Agency for Healthcare Research and Quality (AHRQ) has been conducting and funding

research to provide information for decision-makers about costs.

Particular interest: Read its fact sheets on specific AHRQ research focusing on health care costs and on cost-

effectiveness analysis.

Name of website/webpage: Commonwealth Fund - Follow links to Health System Performance/Costs & Efficiency

URL: http://www.cmwf.org/index.htm

Country: USA

Brief description: The Commonwealth Fund is a private foundation that aims to promote a high-performing

health care system that achieves better access, improved quality, and greater efficiency.

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Identifying Your Own Sources and Resources

Inevitably, this document will not contain everything you need for your own work or specialised area of practice. You may already have located or be in the process of locating your own resources.

You can photocopy this page and record details of articles, websites and other materials you have found useful.

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Developing Interventions and Outcomes Measurement: An Interactive Approach

Nurses, midwives and other healthcare professionals, as well as the various healthcare providers and related agencies, are constantly developing and updating their interventions, practices and structures in response to accumulating evidence.

Similarly, this resource pack can reflect that data and information available to the National Council only up to a certain point. The National Council recognises that this document contains resources that will become obsolete or were identified during the course of the data collection and literature search. In order to ensure that this document develops interactively, the National Council intends to create an on-line resource for nurses and midwives. The National Council therefore welcomes your comments and suggestions for future activities, items to be included, etc.

Please complete the form below and return to:

Interventions and Outcomes Measurement Project National Council for the Professional Development of Nursing and Midwifery 6-7 Manor Street Business Park Manor Street Dublin 7

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	nts on Development of Measurement of Nursing and Midwifery Interventions: Guidance and Resource Pack al Council, September 2006).
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DEVELOPING INTERVENTIONS AND OUTCOMES MEASUREMENT CONT. USEFUL WEBSITES Name of website: URL: Country: Items of particular interest (eg: publications sourced, free on-line journal, documents to download, nursing and midwifery database, etc): Other suggestions **CONTACT DETAILS (OPTIONAL)** Name Job title Type of service/setting

Telephone and/or e-mail

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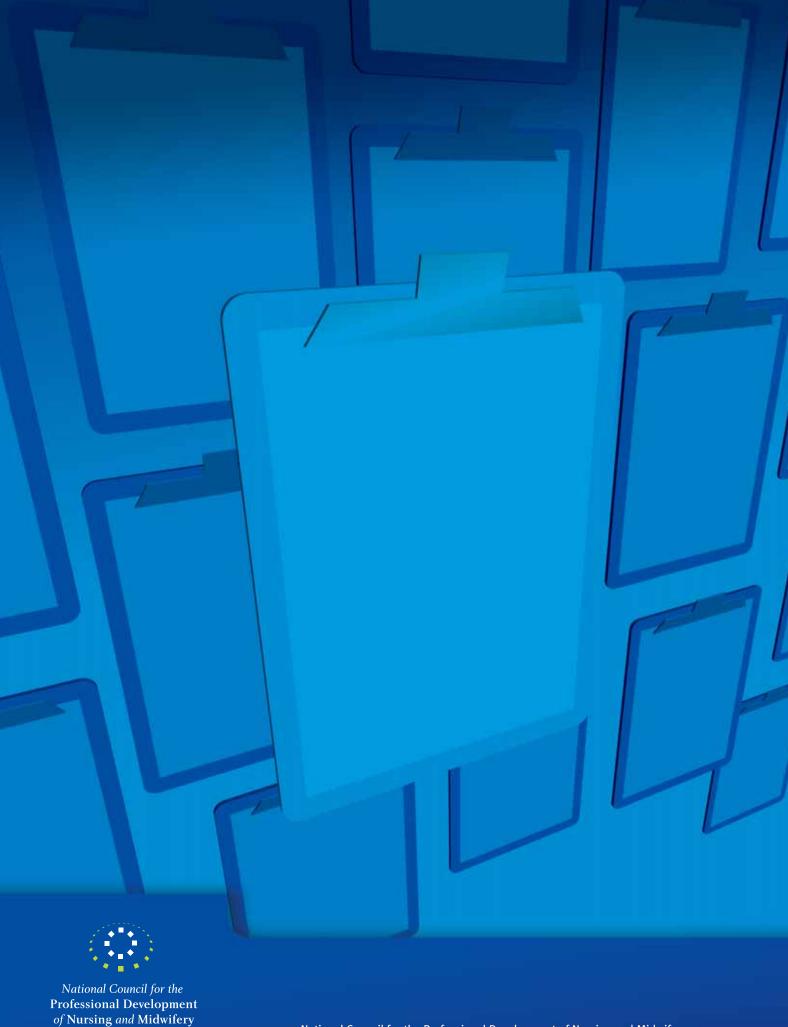
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Notes



An Chomhairle Náisiúnta d'Fhorbairt Ghairmiúil an Altranais agus an Chnáimhseachais National Council for the Professional Development of Nursing and Midwifery 6-7 Manor Street Business Park, Manor Street, Dublin 7

t: 353 1 882 5300. f: 353 1 868 0366. e: admin@ncnm.ie w: www.ncnm.ie